Butternut Cinnamon Rounds

1 butternut squash, sliced into ¼ inch circles (neck only, not the "bowl" part with seeds)

1 Tablespoon coconut oil

1 teaspoon cinnamon

3 drops stevia

Pecans, if desired

Directions:

1. Wash and slice the butternut squash. Preheat the oven to 350 degrees.
2. On a baking sheet lined with unbleached parchment paper, arrange the butternut circles. Mix together the oil, cinnamon and stevia into a paste. Spread the mixture onto each butternut circle and sprinkle with chopped pecans if desired.
3. Bake at 350 degrees for 20-30 minutes or until fork tender.
4. Enjoy and pretend you are eating a healthy cinnamon roll! ☺